

Breakfast & Lunch Menu: Elementary and K-8

September 2022

TUCSON UNIFIED
SCHOOL DISTRICT

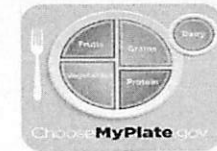


Breakfast:

Entrees include Fruit &
White milk.
Cereal is offered daily

Lunch:

Entrees include Veggies,
Fruit & Milk
Fresh Side Salad offered Daily!
Wowbutter & Jelly Sandwich & Grilled Cheese
Sandwich Available daily



Milk Only: 50 Cents

Menu is Subject to Change.

Please visit our TUSD Food Services
Department Website.

Tucson Unified School District is
committed to a policy of
nondiscrimination based on disability,
race, color, religion/religious beliefs, sex,
sexual orientation, gender identity or
expression, age, or national origin.

**This institution is an
equal opportunity provider.**

*Check the TUSD Website to Find out
which Region Your School is a Member

Monday	Tuesday	Wednesday	Thursday	Friday
August-29	August-30	August-31	September-1	September-2
Bagel Cream Cheese or jelly	Cinnamon Roll	Peach Smoothie Vanilla Crackers	Bacon*, Egg, & Cheese Pocket *pork	Strawberry Yogurt Parfait
Pork Little Smokies, Tortillas	Teriyaki Meatballs, Fried Rice	Lasagna Roll Up, Garlic Breadstick	Baked Chicken	Pizza Beef Pepperoni & Cheese or Cheese Only
Cheese Pocket	Bean & Cheese Burrito	Fish Nuggets, Garlic Breadstick	Corn Dog (made with chicken)	Cheeseburger Sliders
September-5	September-6	September-7	September-8	September-9
Labor Day	Mango Pineapple Smoothie Vanilla Crackers	Blueberry Bagel Cream Cheese or Jelly	Breakfast Burrito (Egg, Cheese, Beef Chorizo)	Strawberry Yogurt Parfait
	Pasta & Meatballs in Marinara Sauce	Cheese Enchiladas	General Tso's Chicken. Fried Rice	Pizza Note: Fresh Delivered, Domino's Pizza will be served at Arroyo Chico Region* Schools Sept. 9
	Bean & Cheese Burrito	Chili Cheese Dog (made with chicken)	Cheese Pocket	Chicken Patty Sandwich
September-12	September-13	September-14	September-15	September-16
Bagel Cream Cheese or Jelly	Pancake Sandwich Egg & Cheese, with/without chicken sausage	Peach Smoothie Churro Crackers	Chorizo* & Cheese Bagel (*made turkey)	Strawberry Yogurt Parfait
Pizza Bagel Turkey Pepperoni & Cheese or Cheese Only	Cherry Blossom Chicken Fried Rice	Popcorn Chicken Corn Muffin	Cheeseburger or Hamburger	Pizza Beef Pepperoni & Cheese or Cheese Only
Cheeseburger Sliders	Fish Nuggets, Corn Muffin	Bean & Cheese Burrito	Chicken Patty Sandwich	Corn Dog (made with chicken)
September-19	September-20	September-21	September-22	September-23
Belgian Waffle	Mango Pineapple Smoothie Blueberry Lemon Crackers	Blueberry Bagel Cream Cheese or Jelly	Breakfast Burrito (Egg, Cheese, Beef Chorizo)	Strawberry Yogurt Parfait
Chicken & Cheese Empanada	General Tso's Chicken Fried Rice	Garlic Cheese Toast	Pasta & Meatballs in Marinara Sauce	French Bread Pizza Note: Fresh Delivered, Domino's Pizza will be served at Santa Cruz & Pantano Region* Schools Sept. 23
Cheeseburger or Hamburger	Bean & Cheese Burrito	Corn Dog (made with chicken)	Cheeseburger Sliders	Nacho Grande
September-26	September-27	September-28	September-29	September-30
Bagel Cream Cheese or Jelly	Banana Pancakes	Strawberry Banana Smoothie Blueberry Lemon Crackers	Bacon*, Egg, & Cheese Pocket *pork	Strawberry Yogurt Parfait
Pork Little Smokies, Tortillas	Tangerine Chicken Fried Rice	Lasagna Roll Up, Garlic Breadstick	Homestyle Chicken Tenders Cheesy Cornbread Muffin	Pizza Note: Fresh Delivered, Domino's Pizza will be served at Silverbell & Arcadia Region* Schools 9- 30
Cheese Pocket	Bean & Cheese Burrito	Fish Nuggets, Garlic Breadstick	Corn Dog (made with chicken)	Cheeseburger or Hamburger