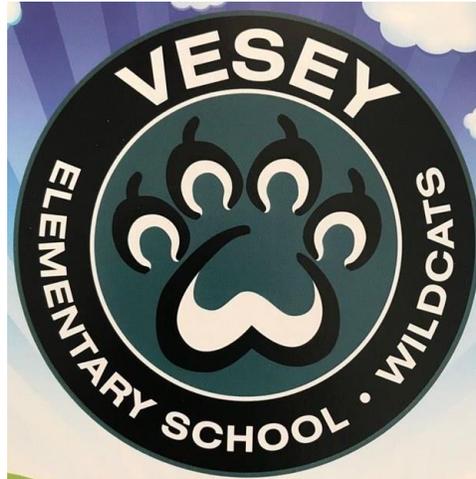


# Vesey Elementary News

February 2021



## In This Issue



Here's what you'll find included in this month's Newsletter:

- February Events
- The Principal's Podium: Words from Mr. Uhrig
- The Counselor's Corner: Needs Assessment and Supporting your child in grief
- Registration for the 2021-2022 School Year has begun!
- Community Resources
- A Request: Give us your feedback!

## February Events



February events at Vesey:

- **February 1, 2021:** Online Registration Begins for 2021-2022 School Year
- **February 11th and 12th Parent Teachers Conferences:** School ends at 12:25PM on these days
- **February 23, 2021 6:00PM:** Counselor and Social Worker Zoom Event: "Supporting your child in grief"
- **February 25-28:** Rodeo Break, Yee Haw!



### The Principal's Podium: A Letter from Mr. Uhrig

Hello Vesey Families,

It's February and this year is progressing nicely. We are waiting to hear the reentry plan from the district about returning to school. When more information becomes available we will get that to you asap. Thank you for your continued patience and understanding as we continue with the closure. We miss you and we can't wait to see you all soon in person as soon as it is safe to do so.

Please take the time to register your child via Parent Vue for the 2021-2022 School year. If you have any questions or issues please feel free to contact us at 520-908-4600.

Thank you and stay safe and we will see you in March.

## The Counselor's Corner



### Needs Assessment

Hi Vesey families!

In order to better meet the needs of your students, we would like all Vesey students to complete a needs assessment that the Student Services Team has developed. This will help us to get to know your student and the needs they feel they have. The form addresses issues like homework completion, sadness, grief, and many others. This form will look very familiar, as we asked them to complete one at the beginning of the year as well.

If your student is in 4th or 5th grade, they are likely to be able to fill out this survey on their own and may have already done so in class. If your child is K-3, please help them fill it out! Like our form at the beginning of the year, this is supposed to reflect the student's thoughts. If you have concerns as a parent, please use our referral form, which is linked at the end of this post.

An English version of the form is available [here](#) and a Spanish version is [here](#).

For concerns you have about your student, and to refer them to our counselor or social worker, please use the Parent/Guardian Referral Form found [here](#) It's also available in Spanish [here](#).

If you have any questions please reach out to our counselor, Allie Kerr at [alexandra.kerr@tusd1.org](mailto:alexandra.kerr@tusd1.org) or our social worker, Rachel Lopez at [rachel.lopez@tusd1.org](mailto:rachel.lopez@tusd1.org)

## Supporting your child in grief

With the pandemic continuing to cause chaos around the country, those of us in Student Services have become very aware of how just how many of our Vesey students have been dealing with grief. Grief is a complicated process, and can look different for children than it can for adults. It is also not confined to simply dealing with death (though many of our students *have* been dealing with this issue). Due to safety measures put into place because of the pandemic, your child may be grieving their social life, grieving the loss of the school environment, and even grieving the everyday activities they used to participate in, such as sports or going to the grocery store.

We here at Vesey want to support our families as they continue to deal with this grief.

**If you would like to learn more about what to expect from a grieving student, how to support them, and what resources we have in our community, please join us on Tuesday, February 23rd at 6pm.** Our school counselor and school social worker will be hosting a Zoom event titled "Supporting your child in grief" and would love if you could join us.

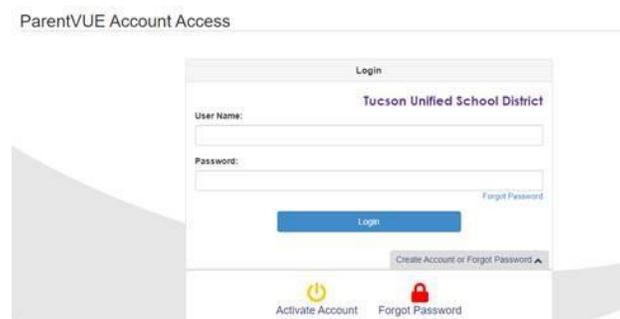
**For those of you who are interested in joining us, find the meeting info below:**

<https://tusd1.zoom.us/j/9155712512?pwd=dGVXWWhvNTQ4WjhZQnNJSFZTd1hzUT09>

Meeting ID: 915 571 2512

Passcode: Grief

## Registration for the 2021-2022 School Year has begun!



To register your child, please follow these steps:

1. Go to: <https://parent.tusd1.org/>
2. Log In to ParentVUE.
3. Begin the registration process.

Our office staff is available from 8:30 a.m. – 4:00 p.m. to help you with your ParentVUE login information or to help you complete the registration process. Feel free to call us at 908-4600. We look forward to continuing to serve your family.

## Community Resources

**TUSD's Family & Community Engagement Department will be providing a biweekly communication via ZOOM!**  
**Join us...**

**FACE to face** *Hosted by Lacey Grijalva*  
Bringing our TUSD and Tucson Community Together

**Please register at:**  
<http://bit.ly/3seC5PG>

**Mark your calendars:**

- Monday, Feb. 8, 2021 • 4:30-5:15 p.m.
- Monday, Feb. 22, 2021 • 4:30-5:15 p.m.
- Monday, March 8, 2021 • 4:30-5:15 p.m.
- Monday, March 22, 2021 • 4:30-5:15 p.m.
- Monday, April 5, 2021 • 4:30-5:15 p.m.
- Monday, April 19, 2021 • 4:30-5:15 p.m.
- Monday, May 3, 2021 • 4:30-5:15 p.m.

**Please send any questions or concerns to:**  
[FACEtoFace@tusd1.onmicrosoft.com](mailto:FACEtoFace@tusd1.onmicrosoft.com)

 **TUCSON UNIFIED**  
SCHOOL DISTRICT



\* FACE to Face: a biweekly communication hosted by Lacey Grijalva, bringing our TUSD and Tucson community together.

Register at <http://bit.ly/3seC5PG>

This week, we'd like to hear from you! We'll talk about Family Resource Centers' offerings and how we can improve communications between our families and our staff during the pandemic and beyond.

**Active Parenting Now** is for *parents* of children 5-12 years old. This program focuses on active parenting, cooperation and communication, responsibility, discipline, building courage, and self-esteem. Parents working in this program will learn to understand and redirect misbehavior and learn the skills of *active parenting* for school success. The overall goal of Active Parenting Now is to help parents prevent substance abuse by their children.

RSVP Today! Gaby Garayzar  
GGarayzar@cfrz.org (520) 300-0522

Or email: [Prevention Programs for Youth](#), a program of Child & Family Resources.

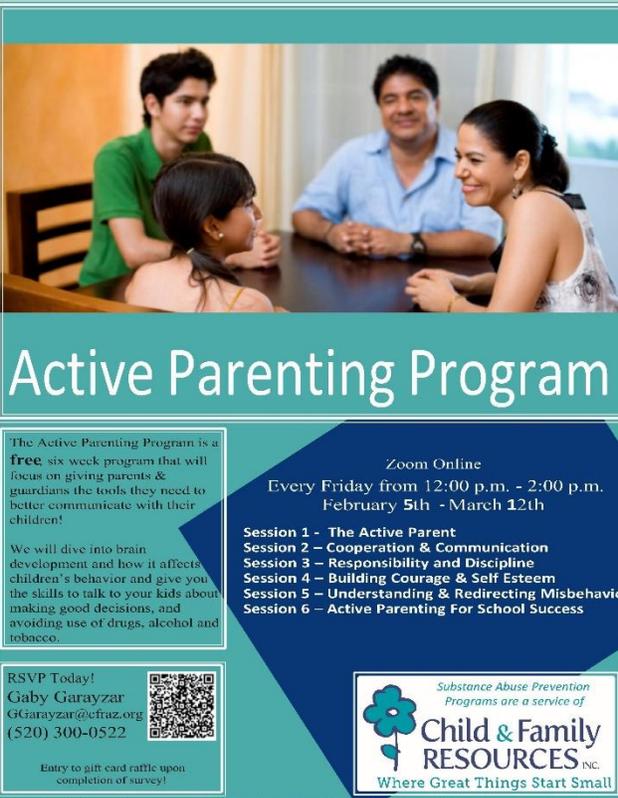
**TUSD Family Resource Centers provide:**

- District information and resources
- Referrals to community resources
- Clothing bank and food pantry services
- Classes and workshops for parents, guardians, and other adult caregivers
- Access to computers and internet
- Support for School Choice applications

February 2021 Family Resource Newsletter:

[http://www.tusd1.org/Portals/TUSD1/District/docs/Family%20Centers/FRC\\_Newsletter\\_February.2021.pdf?ver=2021-01-26-111959-247](http://www.tusd1.org/Portals/TUSD1/District/docs/Family%20Centers/FRC_Newsletter_February.2021.pdf?ver=2021-01-26-111959-247)

- **Southwest Family Resource Center 6855 S Mark Rd.**  
**Phone: (520) 908-3980**  
**Hours: 8:00 a.m. - 4:00 p.m. (Closed 1:00-1:30 p.m. for lunch)**
- **Casa de los Ninos-Parent Enrichment Classes**  
<https://www.casadelosninos.org/programs-resources/child-abuse-prevention-programs/register-for-free-parent-enrichment-classes/>
- **Tu Nidito-Grief and Loss Support** <https://www.tunidito.org/>



The flyer features a photograph of a family (two men and two women) sitting around a table, engaged in conversation. Below the photo, the title "Active Parenting Program" is written in a large, white, sans-serif font against a teal background. The flyer is divided into several sections with white text on a dark blue background. The top right section describes the program as a "free" six-week Zoom Online session held every Friday from 12:00 p.m. to 2:00 p.m., running from February 5th to March 12th. It lists six sessions: Session 1 - The Active Parent, Session 2 - Cooperation & Communication, Session 3 - Responsibility and Discipline, Session 4 - Building Courage & Self Esteem, Session 5 - Understanding & Redirecting Misbehavior, and Session 6 - Active Parenting For School Success. The bottom left section provides contact information for Gaby Garayzar, including her email (GGarayzar@cfrz.org) and phone number ((520) 300-0522), along with a QR code and a note that an entry to a gift card raffle is given upon survey completion. The bottom right section features the logo for Child & Family Resources, Inc., which includes a stylized flower icon and the tagline "Where Great Things Start Small".

**Active Parenting Program**

The Active Parenting Program is a **free** six week program that will focus on giving parents & guardians the tools they need to better communicate with their children!

We will dive into brain development and how it affects children's behavior and give you the skills to talk to your kids about making good decisions, and avoiding use of drugs, alcohol and tobacco.

Zoom Online  
Every Friday from 12:00 p.m. - 2:00 p.m.  
February 5th - March 12th

Session 1 - The Active Parent  
Session 2 - Cooperation & Communication  
Session 3 - Responsibility and Discipline  
Session 4 - Building Courage & Self Esteem  
Session 5 - Understanding & Redirecting Misbehavior  
Session 6 - Active Parenting For School Success

RSVP Today!  
Gaby Garayzar  
GGarayzar@cfrz.org  
(520) 300-0522

Entry to gift card raffle upon completion of survey!

Substance Abuse Prevention Programs are a service of  
**Child & Family RESOURCES INC.**  
Where Great Things Start Small

- **Parent Aide-Parenting Support** <https://parentaid.org/calendar/>
- **TUSD Talk it out-Family Counseling:** <http://www.tusd1.org/Portals/TUSD1/District/docs/Family%20Centers/TalkitOut.pdf>
- **Utility Bill Assistance:** Visit [Pima.gov/utilitybillshelp](http://Pima.gov/utilitybillshelp) now for assistance with water, gas, electric, garbage and sewer bills. Available to both City of Tucson and Pima County residents.

## Parent Feedback



Vesey Parents/Guardians,

We want Vesey's newsletter to be useful to you and your family.

What would *you* like to see in our newsletters? If you have any feedback or suggestions about the information you would like to see in future newsletters please let us know.

Please contact Allie Kerr, our school counselor, at (520) 352-9014 or email [alexandra.kerr@tusd1.org](mailto:alexandra.kerr@tusd1.org) with your suggestions.