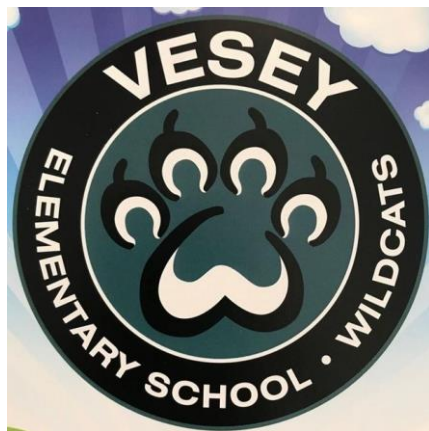




# Vesey Elementary News

October 2021



Welcome back Vesey families! Here's what you'll find included in this month's Newsletter:

- October Events
- The Principal's Podium: A letter from Mr. Uhrig
- Counselor's Corner
- Family Talks Webinars
- Community Resources



## October Events

**October 8th:** No School-Grading Day

**October 11th-17th:** No School -Fall Break

**October 28th:** No School -Staff Professional Development

## The Principal's Podium: A Letter From Mr. Uhrig



Hello Vesey Families,

Welcome to Fall Break. There is no school on Friday October 8, 2021, for grading day. The following week we have our Fall Break. October 8-17, 2021. Your child will return to Vesey on Monday October 18, 2021. The first quarter of school has passed and what an eventful quarter it has been. We are doing our very best to remain safe while social distancing and wearing our masks to prevent the spread of Covid-19. Unfortunately, we have been affected by the virus and we continue to request that the best thing that you can do for your child is to wear a mask and to wash your hands multiple times per day. Please be on the look out for symptoms in your child and if any symptoms present themselves, please keep your child home and test as soon as possible. The school can test as well. Please take this Fall Break and unplug and relax and recharge with time spent with family and friends.

Thank you,

Mr. Uhrig

## Counselor's Corner



### Counseling classroom lessons this October

Welcome to October and to our second quarter of school! It has been a joy to see your students during our counseling lessons each week and I very much look forward to continuing to work with them!

This October, students will be learning about...

- Stress, worry, and how to deal with it! (10/04-10/08)
- No lessons-- Fall Break! (10/11-10/15)
- Special presentation from our Social Worker Mrs. Lopez (10/18-10/22)
- Bullying, Part 1 (10/25-10/29)



## Vesey Family Talks



What is Family Talks?

Please join us one Wednesday night a month at 5:30PM for Family Talks! Led by Rachel Lopez (our School Social Worker) and Allie Kerr (our School Counselor), Family Talks is a series of conversations designed to give your family relevant and useful information!

No registration is needed. If you are interested, please join us on Zoom here:

<https://tusd1.zoom.us/j/84214873877?pwd=NldqdEhmM3BaS3IGUDFHNIzDUGJxZz09>

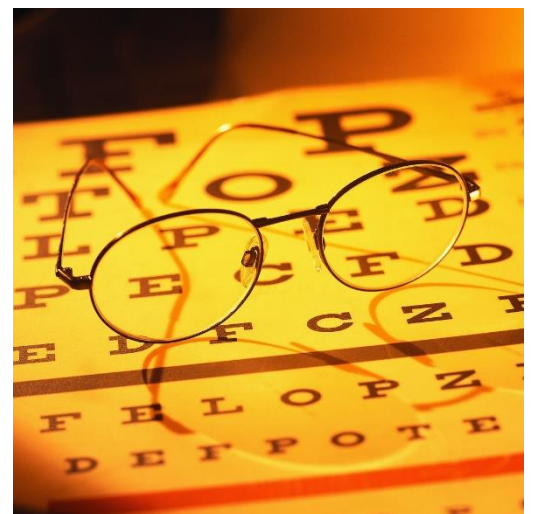
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- **Oct. 20th** The Parent & School Partnership: How to Advocate for Your Child
- **Nov. 17th** Family Communication
- **Jan. 19th** Internet Safety
- **Feb. 16th** Community Resources for your family
- **March 23rd** Depression: What to look for and how to support your child
- **April 20th** Supporting Your Student's Transition to Middle School
- **May 18th** Ideas for Fun Summer Family Activities

## Community Resources

Parents/Guardians if your student needs an eye exam and or eyeglasses and you need assistance paying for these, your student may be eligible to receive them at no cost through Educational Enrichment Foundation's, Focus on Vision Program. For more information on how



to apply please contact Vesey's Social Worker, Mrs. Lopez at 908-4691 or [rachel.lopez@tusd1.org](mailto:rachel.lopez@tusd1.org).

TUSD Southwest Family Resource Center offers students/parents a variety of assistance to include food boxes, clothing, school supplies, counseling and classes on various topics.

- 6855 S. Mark Rd.
- (520) 908-3980
- Hours of Operation: Mon. Wed. & Fri. 8:00-4:30 p.m. Tue. & Thur. 9:30-6:00 p.m.

PIMA HELPLINE is a site where you can find several community resources in Tucson to include mental health help. <https://pimahelpline.org/>

FREE interaction online Parent Enrichment Classes at Casa de los Ninos

For more information on parenting class or to register, please visit [www.casadelosninos.org](http://www.casadelosninos.org)